



# El Mirage Senior Center Lunch Menu – December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Baked Pork Chop, Baked Potato, Pepper & Onions, Dessert	<b>4</b> Beef Stroganoff, Pasta, Peas, Soup of the day, Dessert	<b>5</b> Chicken Curry, Rice, Asian Blend Veggies, Dessert	<b>6</b> Beef Stew, Cabbage, Dessert	<b>7</b> Tilapia with Sauce, Couscous, Lima Beans, Dessert
<b>10</b> Swedish Meatballs, Pasta, Brussels Sprouts, Dessert	<b>11</b> Soup of the Day, Chicken Cordon Bleu, Rice, Green Beans, Dessert	<b>12</b> Garden Quiche, Rice, Romaine Salad, Dessert	<b>13</b> Apple Balsamic Pork Chop, Mashed Potatoes, Cauliflower, Dessert	<b>14</b> Fish with Butter Sauce, Rice Pilaf, Honey Carrots, Dessert
<b>17</b> Roast Turkey with Cranberry Sauce, Mashed Potatoes, Brussels Sprouts, Dessert	<b>18</b> Soup of the Day, Roast Pork with Gravy, Sweet Potatoes, Corn, Dessert	<b>19</b> Chicken Parmesan, Pasta, Cauliflower, Dessert	<b>20</b> Holiday Dinner To be Determined	<b>21</b> Oven Baked Fish, Mac “n” Cheese, Savory Peas, Dessert
<b>24</b> Senior Center Closed	<b>25</b> Senior Center Closed	<b>26</b> Senior Center Closed	<b>27</b> Senior Center Closed	<b>28</b> Senior Center Closed
<b>31</b> Senior Center Closed	Menu subject to change, 2% Milk served daily			