

# El Mirage Senior Center Menu – March 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<h2 style="font-size: 2em;">MENU</h2>	<p>El Mirage Senior Center 14010 N. El Mirage Rd.</p>	<p><b>Lunch served at 11:00am</b> Menu subject to change, 2% Milk Served Daily</p> <p><b>Lunch must be reserved 24 hours in advance</b></p>	<p><b>1</b> Tilapia with Sauce, Couscous, Lima Beans, Dessert</p>
<p><b>4</b></p> <p>Swedish Meatballs, Pasta, Brussels Sprouts, Dessert</p>	<p><b>5</b></p> <p>Soup of the Day, Chicken Cordon Bleu, Rice, Green Beans, Dessert</p>	<p><b>6</b></p> <p>Garden Quiche, Romaine Salad, Broccoli, Dessert</p>	<p><b>7</b></p> <p>Apple Balsamic Pork Chop, Mash Potatoes, Cauliflower, Dessert</p>	<p><b>8</b></p> <p>Fish Filet with Sauce, Rice Pilaf, Glazed Carrots, Dessert</p>
<p><b>11</b></p> <p>Chicken Parmesan, Pasta, Cauliflower, Dessert</p>	<p><b>12</b></p> <p>Soup of the Day, Roast Pork, Sweet Potatoes, Corn, Dessert</p>	<p><b>13</b></p> <p>St. Patrick Dinner Corned Beef, Steamed Potatoes, Braised Cabbage, Dessert</p>	<p><b>14</b></p> <p>Eggplant Parmesan, Rice Pilaf, Mixed Vegetables, Dessert</p>	<p><b>15</b></p> <p>Oven Baked Fish, Mac “n” Cheese, Green Salad, Dessert</p>
<p><b>18</b></p> <p>Roast Pork, Roasted Yams, Peas, Dessert</p>	<p><b>19</b></p> <p>Soup of the Day, Rosemary Beef, Mashed Potatoes, Green Beans, Dessert</p>	<p><b>20</b></p> <p>Apple Balsamic Pork Chops, Mac “N” Chese, Spinach, Dessert</p>	<p><b>21</b></p> <p>Roast Chicken, Rice Pilaf, Brussels Sprouts, Dessert</p>	<p><b>22</b></p> <p>Baked Fish with Lemon, Potato au Gratin, Squash, Dessert</p>
<p><b>25</b></p> <p>Oven Fried Chicken, Steamed Potatoes, Mexi-corn, Dessert</p>	<p><b>26</b></p> <p>Soup of the Day, Pork Marsala, Linguine, Cauliflower, Dessert</p>	<p><b>27</b></p> <p>Cabbage Rolls, Mashed Potatoes, Mixed Vegetables, Dessert</p>	<p><b>28</b></p> <p>Garden Quiche, Broccoli, Dessert</p>	<p><b>29</b></p> <p>Salmon in Wine Sauce, Risotto, Vegetables, Dessert</p>